



Introducing a healthcare benefit for type 2 diabetes and diabetes prevention.

With DayTwo's personalized nutrition program, small changes can produce big results!

By learning how your body responds to food, you can get lasting help. DayTwo members enjoy more energy, better sleep, and weight loss.

What you can expect with DayTwo:



No food is off limits—eat the foods you love with small tweaks



Ongoing support from a dietitian and health coach



Easy-to-use app—search over 1M foods to find the ones that work best for you



Visit DayTwo.com/QuikTripJoin or call (833) 833-2149

*QuikTrip benefits will cover all program costs for eligible members enrolled in the QuikTrip HMO Health Plan for the first six months. After that, if you wish to continue, the applicable deductible and copay will apply.

Check your eligibility and enroll today.

Scan QR code with your mobile phone.

